

Church of Saint Lawrence The Martyr

4325 Don Julio Blvd.
North Highlands, CA 95660



Mission Statement

The mission of our community is rooted in Jesus the Christ. This mission is to hear, respond to and proclaim the word of God as found in the Hebrew and Christian scriptures.

Through the Sunday Eucharist we are called to ongoing conversion and personal spiritual formation. As a community, we are challenged to provide mutual support for a Catholic Christian lifestyle and are empowered to use our gifts to minister to the needs of others. We commit our selves to the beatitudes, to the spiritual and corporal works of mercy, and to minister to the larger communities in which we live and work. We respect the dignity of every person, at all ages and stages of life.

We hand on our Catholic heritage through catechesis, worship, service and witness.

In carrying out this mission we further the kingdom of God in

Parish Staff

Rev. Enrique AlvarezParochial Administrator
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Deacon Donald Galli Parish Deacon
deacongalli@sbcglobal.net

Mrs. Jean NelsonDirector of Religious Education
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Mrs. Paula Edwards Pastoral Associate
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Mrs. Martha Haig Coordinator of RE/Youth Minister
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Mr. David SwindellFacilities Manager
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Ms. Nancy Latham Bookkeeper
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Mrs. Yolanda Fletes-Villalba Receptionist/Admin. Assistant
receptionist@saintlawrencechurch.org

Ms. Elizabeth Peterson Receptionist
. Music Minister

Mr. Tony Norio
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Schedule of Liturgies

Sunday Eucharist (Mass)

Saturday - Vigil 4:45pm
(Spanish) 7:00pm
Sunday 7:00, 8:30, 11:15am

Daily Eucharist (Mass)

Monday - Friday 8:30am

Morning Prayer

Monday - Friday 8:00am

Reconciliation

Tuesday 5:00 pm-6:30pm

Infant Baptisms: This includes children up to 6 years. This Sacrament is celebrated quarterly. Parents must complete a two session preparation class. Please call the Parish Office for information.

Christian Initiation: Children and adults seeking to become fully initiated members of the Catholic Church may call the Parish Office for information.

Remembering Church: Catholics wishing to return to the church or to become more connected to the church may call the Parish Office.

Weddings: Couples planning marriage at St. Lawrence are asked to call the Parish Office at least six months prior to anticipated wedding date. Couples are also required to complete a marriage preparation program.

Parish Office Hours

9:00 am to 12:30 pm and 1:30 pm to 4:30 pm
Monday through Thursday
9:00 am to 12:30 pm each Friday

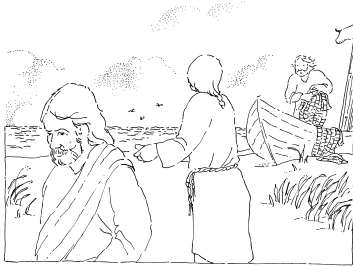
Parish Office (916) 332-4777

Fax (916) 332-8325

Parish Registration: We welcome new parishioners to the parish. Registration forms are available in the back of the church or by stopping by or calling the Parish Office. Please notify the Parish Office of moves or changes in address or telephone number.

GOD'S CALL

They left everything
and followed him.



In today's scriptures we hear three instances of people receiving and responding to a call from God. These accounts follow the pattern of most scriptural call narratives: a divine presence appears and speaks; the person expresses fear or unworthiness, receives

encouragement, and finally responds to God's call. Today's first reading shows an unworthy Isaiah responding to the Lord's call, "Here I am; send me!" (Isaiah 6:8). In the second reading Paul tells us that, even though he had persecuted the church, he was called to be an apostle. In the Gospel, despite Simon Peter's protest that he is a sinner, Jesus calls James, John, and Simon to follow him. They leave everything they have and follow Jesus—that is, they become Jesus' disciples. These scriptures can challenge us to take stock of our lives. How do we experience Jesus' call to discipleship in our lives? How well and faithfully are we responding?

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CELL PHONES

Please turn your cell phone off before you enter the church. If you must have it on, please set it on silent.

Thank You.



READINGS FOR THE WEEK

Monday: 1 Kgs 8:1-7, 9-13; Mk 6:53-56
Tuesday: 1 Kgs 8:22-23, 27-30; Mk 7:1-13
Wednesday: 1 Kgs 10:1-10; Mk 7:14-23
Thursday: 1 Kgs 11:4-13; Mk 7:24-30
Friday: 1 Kgs 11:29-32; 12:19;
 Mk 7:31-37
Saturday: 1 Kgs 12:26-32; 13:33-34;
 Mk 8:1-10
Sunday: Jer 17:5-8; Ps 1; 1 Cor 15:12,
 16-20; Lk 6:17, 20-26

STEWARDSHIP REPORT

Fiscal Year Runs July 1, 2009-June 30, 2010

First Collection Weekend Jan. 24	\$ 7,729.40
Total Collections YTD	\$269,679.02
Goal (Based on Budgeted Revenue)	\$274,503.11
Over (Under) Goal	(\$ 4,824.09)

The regular 2nd collection in February will benefit the Annual Catholic Appeal. See below for details.

THE ANNUAL CATHOLIC APPEAL

During the month of February our 2nd collection charity will be the Annual Catholic Appeal, which provides funds for the many social service needs of the diocese. The second collection will be taken up as usual this weekend, **February 6 & 7** and commitments for 2010 will be taken on the **February 27 & 28th** weekend. With this appeal, **25%** of what our parish sends to the diocese comes back to our parish for our social service needs. St. Lawrence has received **\$4,277** to date for 2009. All of those funds are being used to help the less fortunate of our community. There is still another quarter to go. We will be sharing more information about the appeal as it is made available.

Pray for our priests.

QUESTIONS OF THE WEEK

Adults: When recently did God call you to do something that was difficult?

Youth: Following Jesus can mean leaving some things behind. What do you need to let go of to follow Jesus more fully in your life?

Children: What is a way that you can follow Jesus?



The next Youth Group meeting is Sunday, **February 14** in St. Lawrence Hall from 6:30-8:30 p.m. Youth Group is open to all 7th to 12th grade students.

The next Core planning meeting, for students 10th grade and above, will be **February 8** at 5:30 p.m. in the Parish Center.

BIBLE STUDY CLASS DURING LENT

There will be a Bible Study Class on the Gospel of Luke on all the **Fridays of Lent at 1 p.m.** and the same class will be repeated in the evening at **7 p.m.** There is no charge for the class but registration is necessary. To register, please call the office, 332-4777, and leave your name, phone number and the class you wish to attend.

DO YOU KNOW

... how to fast?

In Jesus' words from Matthew 6:16-18: "When you fast, do not look gloomy like the hypocrites. They neglect their appearance, so that they may appear to others to be fasting. Amen, I say to you, they have received their reward. But, when you fast, anoint your head and wash your face so that you may not appear to be fasting, except to your father who is hidden. And your Father who sees what is hidden will repay you."

Notice that Jesus does not say "if you fast" but says "when you fast."

Ash Wednesday begins the Lenten fast and this usually means eating and drinking less than usual. The Church asks all Catholics who are 18 years of age but not yet 59 to fast on Ash Wednesday and Good Friday. Those bound by this rule may take only one full meal. Two smaller meals are permitted as necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted, but consuming liquids, including milk and juices, is allowed.

Lenten fasting can also be less of other things. Many adult Catholics grew up with the notion of "giving up" something for Lent. Now the emphasis is on giving, rather than giving up. We can fast from TV, the internet, movies, video games, and other means of entertainment. That should give us more time and the question is, how can I "give" that time, or the money that I might save, to serve God's people?

So with ten days before Lent begins, how can we be true to the spirit of fasting? From what can we fast? Ash Wednesday and Good Friday are the minimal days of fasting during the 40 days of Lent. What other days will we do the ritual fast from food?

MASS INTENTIONS FOR THE WEEK

- Sat., Feb. 6**
 - 4:45 p.m.
 - 7:00 p.m. **Roberto Fletes**
- Sun., Feb. 7**
 - 7:00 a.m.
 - 8:30 a.m.
 - 11:15 a.m.
- Tues., Feb. 8** **Martin Lavergne †**
Jesus de Leon †
- Wed., Feb. 9**
- Thur., Feb. 10**
- Fri., Feb. 11**
- Fri., Feb. 12**

ASH WEDNESDAY

Ash Wednesday is on **February 17th**. Please bring your palms from previous years to be burned into ashes for Ash Wednesday. There are boxes in the back of the church and in the parish office to hold your dried palms.

On Ash Wednesday there will be Mass with distribution of ashes at the following times:

English - 8:30 a.m. & 7:00 p.m.
Spanish - 11:30 a.m., 5:30 & 8:30 p.m.

Let Us Remember Our Dead

- Feb 8 Robert Zuber, Helen Phelan, Jesus De Leon, Domenica Votano
- Feb 9 Rubye Pitts, Donald Laugh, Sr., Evelyn Harticon, Andres Capitan, Arthur Corrigan, Shelley Merritt
- Feb 10 Shonnelle Wallace, Christopher Maddox, Robert Mount
- Feb 11 Jerome "Jerry" Novack, Sr., Rodney Reymundo, Daniel Chow, Clarence Schmidt, Charles Ashman
- Feb 12 Joseph Farrell, Morris Barrett, Romualdo Herrera, Joseph Fry, Dillard King, Robert Sullivan, Kermit Cruce, Don Van Hoogmoed, Rose Callnon
- Feb 13 Edward Holat, Conception Lopez, Myron Keilman, Ceasar Trapasso
- Feb 14 Gary Willis, Jennifer Maio, Maggie Rettinger, Joseph Terry, Frank Fernandez, Jr., Vivian Péna

ADORATION OF THE BLESSED SACRAMENT & HOLY HOUR

March 1 and each first Monday of the month, there will be **Adoration of the Blessed Sacrament** in the church after **8:30 Morning Mass until Benediction at 6:45 p.m.** We invite you to **sign up to spend time keeping company with the Lord in the Blessed Sacrament.**



There will be **Holy Hour from 6 p.m. to 7 p.m. ending with Benediction** every Monday except the first Monday of the month. The next Holy Hour will be **Monday, February 8th.**

VOCATIONS

Households that participate in this ministry will take the Vocational Cross home that week and pray for Vocations. The parish will provide the prayers. The crosses will then be returned the following weekend to the same Mass to make it available for the next household to take home. In February the crosses will be rotated at the 7:00 p.m. Saturday and 7:00 a.m. Sunday Masses. Please sign up in the back of the church, if you would like to participate. In March the crosses will be rotated at the 8:30 & the 11:15 a.m. Sunday Masses



Deacon Don and Susan Galli are the Coordinators for the English Community. Enrique Canto is the Coordinator for the Spanish Community.

Please bring your **old newspapers next weekend** to be recycled. Place them in the large yellow container in the parking lot near St. Lawrence Hall. Help the environment, **RECYCLE!**

BEREAVEMENT SUPPORT GROUP

Mercy San Juan Medical Center offers a free support group for adults experiencing the loss of a loved one. **Meetings are on the 1st & 3rd Wednesdays of each month from 6-7:30 pm** at Mercy San Juan Medical Center, 6501 Coyle Ave., Carmichael 95608. Meet in Conference Room 1 or 2 adjacent to the cafeteria on the lower level. For information the number for the Main Hospital is (916) 537-5000 and the Spiritual Care Services Dept. is (916) 537-5098.

OUR LADY OF PERPETUAL HELP

Our Lady of Perpetual Help Devotions are every Wednesday after morning Mass (at about 9:00 a.m.). Come and enjoy the traditional prayers and beautiful hymns dedicated to Our Lady of Perpetual Help. A recitation of The Chaplet of the Divine Mercy will follow. Please call Dolores Hines at 916-704-0725 for more information.

PARISH CAMPOUT

Our next St. Lawrence Parish Campout will again be at Scotts Flat Lake, Nevada City, CA, **July 30 -August 1, 2010.** We will be taking reservation at the Knights of Columbus breakfast, February 14th. Cost is \$65.00 for the week-end, payable at sign-up. For more information or to make your reservations, call Willie or Aileen Douglas at (916) 721-0677.

COME CLOSER TO JESUS.... THROUGH HIS MOTHER, MARY

Follow the example of eight popes and join this 22-day prayer devotion guided by St. Louis de Montfort's book, *True Devotion to Mary*. This beautiful gift begins with an introductory meeting on **Saturday, February 13, from 10:00-11:30 a.m.** at St. Philomene's Church in the Marian Center. It concludes with the Mass of the Solemnity of the Annunciation of the Lord on **March 25**, To register, call Robin at 916 483-45638.

MARRIED COUPLES - IT'S A NEW YEAR

Resolve to start a new love affair with your spouse that's beyond your wildest dreams. It can happen on a Worldwide Marriage Encounter Weekend. Sign up soon so you can renew your love for one another. Our upcoming WWME Weekend: **February 12-14**, Sacramento. Contact Barry & Julia Reynolds at 866-825-2046, or go to merestrar@aol.com for more information.

PARISH MISSION AT ST. CLARE CHURCH

A Parish Mission: "Power of the Cross" by Fr. Bill Adams, Redemptorist, **March 1-4** at St. Clare Church, 12950 Junction Blvd., Roseville. Each day there will be a morning session following the 8:30 a.m. Mass and an evening session at 7 p.m. Confessions will be heard after each of the sessions. for more information contact Deacon Carl Kube at 916-772-4717 or email at sdcn1@surewest.net.

PARISH PASTORAL COUNCIL

The duties of the parish pastoral councils include pondering the reality placed before it and recommending action that best serves the Gospel mission. No one person possesses the whole picture. Consultation with a pastoral council, rooted in prayer and the practice of discernment, can assist the pastor in reaching decisions that best serve the Church community.

Our Pastoral Council Members are:

Fr. Enrique Alvarez	Mary Shear	Dolores Hines
Deacon Don Galli	Aggie Lujan	Michael Monk
LoAnne Jackson	Linda Slavik	Carrie Tharpe
Felecia "Ceta" Smith	Steve Freitas	Sylvia Clark
Lin Chargualaf	Ed Delgado	Tara Smith
Taryn Gerald/Gracie Phillips		

Our council members will be commissioned during the Masses this weekend.

Are You Considering Returning to Your Catholic Roots? Welcome Home!

Whether you've been away from the Church for 1, 10, or even 30 or more years, our parish family is delighted to welcome you home to the Catholic Church. If you have not already done so, we invite you to visit the Catholics Come Home website/English: CatholicsComeHome.org or Spanish: CatolicosRegresen.org. Our confession schedule here at St. Lawrence is Tuesday evening from 5:00 - 6:30 p.m. Don't remember how to go to confession? That's not a problem...when you enter the confessional, simply tell the priest you've forgotten how and he will guide you through the process, step by step. Our parish is offering sessions for those returning to the church on Monday evenings in Gabrielli Hall. For more information please call the Parish Office at (916) 332-4777.

Not Catholic? Have Questions? Exploring the Catholic Church for the First Time?

Our parish family warmly welcomes you! We offer inquiry sessions for those who are exploring Catholicism. These sessions provide an opportunity for you to come "as you are" to a friendly, welcoming, non-pressuring atmosphere to learn more about the Catholic Faith, even if you don't think you'll want to actually become Catholic. If you desire to take steps towards becoming Catholic, you will have the option to do so, on your own initiative. Please call the Parish Office at 916 332-4777.

THE WEEK AT A GLANCE

Sunday RCIA PCMR 9-11:30 AM
Feb. 7 Children's Catechumanate GH 9-11:30 AM
 R.E. All areas 10-11 AM
 Knights 4th degree STLH 3-4 PM
 Youth Group Mtg. 6:30-8:30 PM STLH

Monday Staff Mtg. 10:30 AM
Feb. 8 Youth Group Core 5:30-7 PM PCYR
 Holy Hour 6-7 PM
 Lectors PCMR 7 PM
 Catholics Come Home GH 7 PM

Tuesday Bread Bakers STLHK 1:00 PM
Feb. 9 Confessions CH 5-6:30 PM
 Yoga Ext. 6:30 - 8 PM
 RFE 7-8 PM Classrooms & LIB

Wednesday Harvest Us Home Mtg. PCMR 9-11AM
Feb. 10 Boys Scouts STLH 7-9 PM
 Sp. Prayer Group CH 7-9 PM
 Cub Scouts LIB 6:30-8:30 PM
 Boys Scouts Mtg. GH 7-9 PM

Thursday Bounty STLH 5 PM
Feb. 11 Choir CH 7-9 PM
 Grupo Cultural Católico STLH 7-9 PM
 Spanish Group PCYR 7-9 PM
 Cub Scouts LIB 6:30-8:30 PM
 Lectors in Spanish 7-8 p.m. PCK
 Yoga Class Ext. 6:30-8 PM

Friday Sp. Choir CH 6 PM
Feb. 12 Bible Class Sp. PCYR 9-11AM
 Eng. Prayer Grp 7-9 PM Rm 3
 Guam. Comm. Mtg. PCMR 7-9 PM

Saturday Eng. Baptisms CH 10 AM
Feb. 13 Knights set-up STLH
 Hispanic Committee GH 6-11 PM

PCK Parish Center Kitchen
 PCMR Parish Center Meeting Room
 PCCO Parish Center Counseling Office
 PCYR Parish Center Youth Room
 STLH St. Lawrence Hall
 CH Church
 GH Gabrielli Hall
 Ext. Extension (Behind Gabrielli Hall)

MASSES FOR WORLD DAY OF THE SICK

There will be a Healing Mass in English on Saturday, February 27 at 10 a.m. There will be a Healing Mass in Spanish on Wednesday, February 24 at 7:00 p.m. If you or someone you know would like to receive the Sacrament of the Anointing of the Sick, please plan to attend.